

## PROFESSIONAL LICENSURE

**Licensed Certified Social Worker – Clinical | Board of Social Work Examiners | Baltimore, MD**

Board-Approved Supervisor

License No. 24599

Oct. 2023

April 2022

## EDUCATION AND FOREIGN LANGUAGE

**Ph.D. Social Work | University of Maryland, Baltimore | Baltimore, MD** Projected: May 2025

Dissertation: The Cycle of Objectification, Fragmentation, and Consumption: Power and Control Dynamics in Domestic Sex Trafficking

Co-Chairs: Dr. Bruce DeForge and Dr. Geoffrey Greif

**M.S.W. | University of Maryland, Baltimore | Baltimore, MD**

Dec. 2018

Clinical/Macro Concentration, Behavioral Health Specialization

**MSc. Evidence-Based Social Intervention | University of Oxford | Oxford, UK**

Nov. 2013

Concentration in Community Analysis and Large-Scale Interventions

Thesis: The Effectiveness of Trauma-Focused CBT for Female Victims of Sex Trafficking

**Graduate Certificate | University of Oxford | Oxford, UK**

June 2013

French Language and Culture

**B.A. Psychology | Winthrop University | Rock Hill, SC**

May 2012

Double Minor in English Literature and African American Studies

Summa Cum Laude, Honors Program Degree with International Experience

Honors Thesis: Predictors of Beliefs about Altruism and Willingness to Behave Altruistically

## INTERNATIONAL EXPERIENCE

**Study Abroad | Dublin Business School | Dublin, Ireland**

Jan. 2010-April 2010

- Studied Shakespeare, Abnormal Psychology, Theories of Personality, Irish History and Culture, as well as Peace and Conflict Resolution with Northern Ireland

**Cambridge College Programme | University of Cambridge | Cambridge, UK** July 2008-Aug. 2008

- Studied Creative Writing, Abnormal Psychology, and British History and Culture in three-week program for academically outstanding high school students, led by Cambridge professors

## PROFESSIONAL EXPERIENCE

**[University of Maryland, Baltimore School of Medicine](#)**

**Senior Health Program Specialist | Baltimore, MD**

Jan. 2024-Present

- Support efforts of Women's Clinical Health Training Program to increase diversity and competency of reproductive justice service providers in state of Maryland
- Oversee trainee outreach, application review, and trainee support with virtual, asynchronous, and in-person components of reproductive justice training
- Manage mental health resources, counseling, and support of trainees throughout initial training process
- Provide long-term support for program graduates as they integrate reproductive justice into their medical practices

**Therapist | Baltimore, MD**

**Jan. 2024-Present**

- Assess, evaluate, and provide psychotherapeutic services to treat psychiatric symptoms of six to eight patients per week

**Social Worker | Baltimore, MD**

**Jan. 2019-Jan. 2024**

- Pioneered incorporation of social work within University of Maryland Treatment Center, an outpatient, community-based treatment setting with over 800 active patients
- Assessed, evaluated, and treated therapeutic and/or case management (housing, identification, and social services) needs of five to eight patients per day
- Collaborated with fellow members of the Athena Program, a research project focusing on implementation of infectious disease screening, vaccination/treatment, and education, integrated with substance use and trauma treatment for women of color
- 2019-2020: Co-facilitated weekly Trauma Recovery Empowerment Model group for women participating in the Athena Project

**The Samaritan Women (Institute for Shelter Care)**

**Research/Evaluation Specialist | Baltimore, MD**

**Sept. 2017-Jan. 2019**

- Configured and implemented Penelope Case Management Software for staff and residents
- Collaborated with executive leadership on one to two major and multiple minor research projects per quarter
- Evaluated efficacy of personnel trainings and program's intervention implementation fidelity
- Administered and scored biopsychosocial assessments to assess residents' programmatic progress

**Senior Case Manager | Baltimore, MD**

**April 2014-Jan. 2019**

- Provided intensive, comprehensive assessment of needs (medical, dental, mental health, legal, identification, public benefits, finances/debts, academic, vocational) for 46 survivors of domestic sex trafficking (approximately 16 to 20 per year)
- Initiated and followed through with courses of action that mitigated barriers to healing
- Challenged residents to critically problem-solve and coached them through post-trafficking trauma
- Aug. 2015: Awarded JoshuaOneNine Grant from Community Foundation of Howard County to purchase homeschool curricula for program residents
- June 2015: Participated in Administration for Children and Families qualitative research study to provide information on barriers to receiving care for human trafficking survivors
- May 2015: Participated in USAID qualitative research study entitled "Health and Human Trafficking" to provide information on mental health services for human trafficking survivors
- May 2015: Awarded National Book Fund Grant from ProLiteracy to purchase General Education Diploma preparation materials for program residents
- March 2015: Testified in front of the Maryland Senate on SB 335 (enacted 1 July 2015) that exempts human trafficking survivors from out-of-county fees for community college attendance
- Nov. 2014: Won Community Champion Award from Health Care for the Homeless for excellence in individual advocacy

**Coverage Supervisor | Baltimore, MD**

**Jan. 2014-Jan. 2019**

- Built relationships with domestic sex trafficking survivors through conversation, domestic task execution, group or individual programming, and problem-solving as issues arose

**Therapeutic Program Developer | Baltimore, MD Feb. 2014-Sept. 2017**

- Systematically compiled latest evidence on treatment programs for review by Board of Directors
- Analyzed residents' therapeutic needs and developed concrete, evidence-based materials to meet them

**ADDITIONAL WORK AND LEADERSHIP EXPERIENCE**

**Adjunct Professor | University of Maryland, Baltimore | Baltimore, MD Aug. 2024-Present**

- Facilitate learning with 17 to 25 students enrolled in online Social Welfare and Social Policy course
- Address individual student concerns and provide professional counsel
- Critically evaluate weekly student discussions and three written assignments per semester

**Teaching Assistant | University of Maryland, Baltimore | Baltimore, MD Jan. 2024-May 2024**

- Supported Dr. Nalini Negi in facilitating online Human Behavior and the Social Environment course for 25 MSW students

**Staff Senator | University of Maryland, Baltimore | Baltimore, MD July 2019-Present**

- Collaborate with staff across all schools within University of Maryland, Baltimore to address staff concerns, advocate for policy changes that benefit the University as a whole, and engage with the wider community to incorporate their voices into discussions taking place within UMB
- 2024-Present: Member-at-Large
- 2024: Vice President, Chair of Elections Committee
- 2023-2024: Co-chair of Board of Regents Committee and liaison to the President's Council for Women
- 2022-2023: Liaison to University Student Government Association
- 2020-2021, 2022-2023: Co-chair of Policy and Legislation Committee

**Therapist Intern | Regenerations Counseling Services, Inc. | Baltimore, MD Sept. 2017-July 2018**

- Provided individual, couple's, and family home-based psychotherapy to three to four clients per week
- Continuously evaluated clients' strengths and needs to develop personalized treatment plans and monitor therapeutic progress

**Case Management Intern | Front Door – City | Baltimore, MD Jan. 2017-April 2017**

- Co-created individual service plans and monthly budgets via home visits with four newly-housed families participating in Front Door's rapid rehousing program
- Collected and entered client data into ClientTrack
- Partnered with families in identifying their strengths, barriers, and needs with intention of locating community supports

**Case Management Intern | Sarah's Hope – Mount Street | Baltimore, MD Sept. 2016-Dec. 2016**

- Developed individual, comprehensive service plans for five families experiencing homelessness
- Collected and analyzed client data for entry into ClientTrack
- Identified appropriate interventions and services to ameliorate families' hardships preventing them from transitioning to permanent housing

**Administrative Assistant | Health Experiences Institute | Oxford, UK Oct. 2012-July 2013**

- Developed promotional materials for six to eight HEXI events per term
- Created and updated HEXI Management Accounts spreadsheet for accurate budgetary tracking
- Spearheaded creation of social media platforms (Facebook, Twitter) and WordPress blog to engage student body as well as inform current/future donors of research project statuses
- Managed office administrative duties, including meeting logistics, agenda-setting, and minute-taking

**Research/Evidence Intern | Early Intervention Foundation | London, UK March 2013-May 2013**

- Assisted in locating and compiling relevant research in order to update evidence databases
- Produced one to two policy and program briefings per week for dissemination to stakeholders
- Initiated EIF's social media presence through development of social media platforms
- Synthesized information on early intervention practices in 12 local areas and developed list of evidence-based, targeted recommendations to improve the effectiveness of these practices

**Regional Director Intern | Amnesty International USA | Washington, DC May 2011-Aug. 2011**

- Initiated and developed web-based communication interface for Student Area Coordinators in order to facilitate more efficient and seamless group management
- Organized logistics and raised support for: three Filep Karma rallies outside the Indonesian Embassy, Regional Summer Volunteer Leadership Institute, and eight campaign spike events
- Recruited and retained 200 regional members total as well as actively engaged the local DC community in 12 AIUSA events
- Managed office administrative duties including setting weekly agendas for staff meetings, membership registration, office finances, and synthesizing two executive AIUSA reports

**PROFESSIONAL AND ACADEMIC ATTAINMENTS**

**Academic and Professional Publications**

Allert, J. (Ed.). (2017). *SHELTERED: National practices survey report—2017: A survey of residential service providers for victims of domestic human trafficking* (p. 102). The Samaritan Women, Inc.

<https://instituteforsheltercare.org/wp-content/uploads/2018/09/Practices-Survey-Report-2017-1.pdf>

(See page 2 for **acknowledgement of research contributions**.)

Deitz, A. H. H. (2024). Power and control dynamics in domestic sex trafficking: A systematic review. *Journal of Human Trafficking*, 1–18. <https://doi.org/10.1080/23322705.2024.2410106>

Deitz, A. H. H. (2024). Self-compassion, childhood emotional neglect, and posttraumatic growth: Parental well-being during COVID-19. *Journal of Affective Disorders*, 350, 504–512.

<https://doi.org/10.1016/j.jad.2024.01.130>

Howard, A., Nelson, D., & Sleigh, M. J. (2011). Predictors of beliefs about altruism and willingness to behave altruistically. *Psi Chi Journal of Psychological Research*, 16(4), 168–174.

<https://doi.org/10.24839/1089-4136.JN16.4.168>

**Academic Research Presentations**

Chung, Y., & Deitz, A. H. H. (2024, January). *The relationships among neighborhood perception, economic hardship, and parental psychological distress during the COVID-19 pandemic: Comparison of urban, suburban, and rural areas*. Society for Social Work and Research Annual Conference, Washington, DC.

Deitz, A. H. H. (2025, April). *Exploratory structural equation model of objectification and fragmentation in sex trafficking*. University of Maryland, Baltimore Graduate Research Conference, Baltimore, MD.

Deitz, A. H. H. (2023, March). *Self-compassion, childhood emotional neglect, and posttraumatic growth*. University of Maryland, Baltimore Graduate Research Conference, Baltimore, MD.

- Deitz, A. H. H., Tennor, M. K., Mack, L.-J. M., Cavaletto, A., Chung, Y., Lee, H., & Zhang, P. (2024, January). *A collaborative research process in social work doctoral education: Recentering community*. Society for Social Work and Research Annual Conference, Washington, DC.
- Howard, A. H. (2012a, February). "Catch-22" by Joseph Heller: A postcolonial perspective. Winthrop University Department of English Research Conference, Rock Hill, SC.
- Howard, A. H. (2012b, March). "Catch-22" by Joseph Heller: A postcolonial perspective. Big South Undergraduate Research Conference, Rock Hill, SC.
- Howard, A. H. (2012c, March). *Liberia: Civil war's psychological effects on human development*. Big South Undergraduate Research Conference, Rock Hill, SC.
- Howard, A. H. (2013, May). *Liberia: Civil war's psychological effects on human development*. Human Welfare Conference, Oxford, UK.
- Howard, A. H., Nelson, D., & Sleigh, M. J. (2011, April). *Predictors of beliefs about altruism and willingness to behave altruistically*. Southern Regional Honors Council Conference, Little Rock, AR.
- Howard, A. H., Nelson, D., & Sleigh, M. J. (2012a, February). *Young adults' willingness to help and perceptions of nonprofit organizations*. Southeastern Psychological Association Conference, New Orleans, LA.
- Howard, A. H., Nelson, D., & Sleigh, M. J. (2012b, March). *Young adults' willingness to help and perceptions of nonprofit organizations*. Big South Undergraduate Research Conference, Rock Hill, SC.
- Mack, L.-J., **Deitz, A.**, & Lee, H. (2024, August). *Parenting in the time of COVID-19: Posttraumatic growth, psychological distress, and access to family resources*. International Society for the Prevention of Child Abuse & Neglect (ISPCAN) Sweden Congress, Uppsala, Sweden.
- Mack, L.-J. M., **Deitz, A. H. H.**, Lee, H., & Chung, Y. (2023, October). *Caregiver stress and access to social and childcare resources in the time of COVID-19*. Council on Social Work Education Annual Program Meeting, Atlanta, GA.
- Rose, R. A., Cosgrove, J., & **Deitz, A. H. H.** (2022, January 16). *Directed acyclic graphs: The bridge from theory to methods*. Society for Social Work and Research Annual Conference, Washington, DC.

### Professional Presentations

- Heinlein, E., Lucksted, A., **Deitz, A. H. H.**, & Potts, W. (2023, April). *Implementation of a trauma support group in an opioid addiction setting*. University of Maryland, Baltimore Department of Psychiatry Research Day, Baltimore, MD.
- Deitz, A. H. H. (2022, September). *Mental health: Dealing with stress post-transplant*. The Virtual Transplant Journey: TRIO Maryland, Baltimore, MD.
- Deitz, A. H. H. (2020, July). *Addressing financial distress within home visiting: Stimulus check screening and needs assessment*. West Virginia University Center for Excellence in Disabilities, Morgantown, WV.

### Professional Certifications and Affiliations

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|---|-------------------|
| NPI No. 1659115178   National Plan and Provider Enumeration System   Baltimore, MD  | <b>June 2024</b>  |
| Address Confidentiality Program Application Assistant Training   Secretary of State   Annapolis, MD                                       | <b>April 2023</b> |
| Trauma Recovery and Empowerment Facilitator Training   UMB School of Medicine   Baltimore, MD   | <b>Oct. 2021</b>  |
| Address Confidentiality Program Application Assistant Training   Secretary of State   Annapolis, MD                                       | <b>May 2019</b>   |
| Testing and Linkage to Care   UMB School of Medicine   Baltimore, MD  | <b>March 2019</b> |
| Domestic Violence, HIV/AIDS, and STIs   UMB School of Medicine   Baltimore, MD  | <b>March 2019</b> |
| Trauma Recovery and Empowerment Facilitator Training   UMB School of Medicine   Baltimore, MD   | <b>Feb. 2019</b>  |
| Advanced Law Enforcement HT Training   The Human Trafficking Training Institute   Bel Air, MD   | <b>Jan. 2015</b>  |
| Advanced Law Enforcement Human Trafficking Investigator Certificate, Maryland Police and Correction Commission Approved Course No. P21613 |                   |

### Academic Awards

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|---|------------------|
| UM-UMB Phi Kappa Phi Honor Society                        | <b>Fall 2018</b> |
| University of Maryland-Baltimore: President's Scholarship | <b>July 2017</b> |

Allison Holland Howard Deitz, LCSW-C

[LinkedIn](#)

[ORCID iD](#)

[Web of Science ResearcherID](#)

908.458.2350

allison.deitz@gmail.com

Parkville, Maryland

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Maryland Higher Education Commission: Ruth M. Kirk Public Social Work Scholarship	Jan. 2017
Inez Bell Caskey Student Scholar Award in the Social Sciences	April 2012
American Legion Award: Excellence in Academics, Leadership, Character, and Altruistic Service	April 2012
Nominated for Mary Mildred Sullivan Award for Altruistic Service and Leadership	April 2012
Woman of Distinction Award in Campus Leadership, Scholarship, and Service	March 2012
Rhodes Scholar Candidate	Oct. 2011
President's List (4.0 Semester GPA)	Aug. 2010-May 2012
Trustee's Scholarship for Academic Excellence (full tuition and meal plan)	Aug. 2008-May 2012
Dean's List (3.7-3.9 Semester GPA)	Aug. 2008-Dec. 2009

**VOLUNTEER EXPERIENCE**

**Peer Tutor | Office of Student Services | Baltimore, MD** Aug. 2016-Dec. 2018

- Supported current students' academic success in specific courses each semester

**Peer Mentor | Office of Student Services | Baltimore, MD** July 2016-Dec. 2018

- Partnered with incoming M.S.W. students as part of a pilot program to engage and aided them in navigating the necessary requirements in and enrichment opportunities of graduate school

**Note-taker | Educational Support and Disability Services | Baltimore, MD** Jan. 2016-Dec. 2018

- Supported classmates with documented disabilities during one to two classes per semester by providing disability-specific, detailed lecture notes to increase his/her chances for academic success